

Online resources

Publications

Read about your benefits at [CalSTRS.com/publications](https://www.calstrs.com/publications).



Forms

Complete and submit forms on *myCalSTRS* or download at [CalSTRS.com/forms](https://www.calstrs.com/forms).



Workshops and webinars

Register by calling 800-223-5453, option 3, or visit [CalSTRS.com/webinars](https://www.calstrs.com/webinars).



Videos

Watch short videos about your benefits at [CalSTRS.com/videos](https://www.calstrs.com/videos).



Calculators

Find calculators at [CalSTRS.com/calculators](https://www.calstrs.com/calculators).



More information

myCalSTRS

With *myCalSTRS*, you have access to an overview of your CalSTRS benefits and information. You can update your contact information and submit forms like the *Service Retirement Application* and *Recipient Designation*. Register for your account at [myCalSTRS.com](https://www.calstrs.com).

Your annual *Retirement Progress Report* is also posted to your *myCalSTRS* account every fall to provide a summary of your service credit total, account balances and more.



Pension2

Pension2®, CalSTRS' defined contribution plan, complements your CalSTRS retirement benefit with low-cost 403(b) and 457(b) plans for additional income in your future. Learn more at [Pension2.com](https://www.pension2.com).



Locations

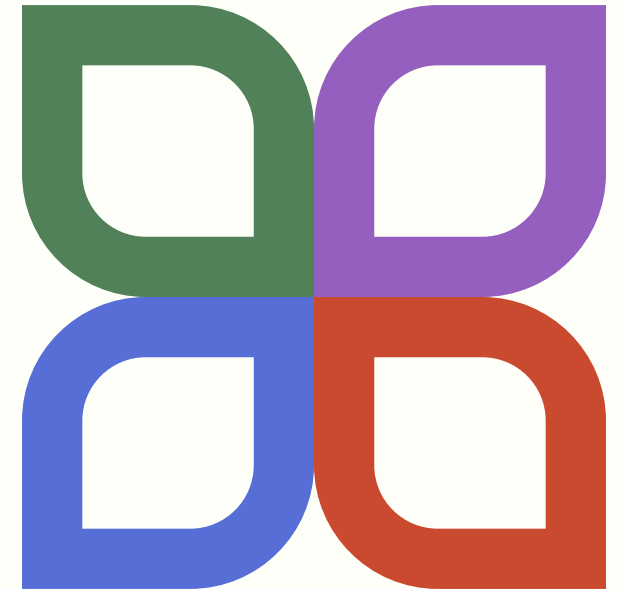
Member service centers and benefits planning offices are available for appointments, walk-in assistance, forms drop-off and more. To find your nearest CalSTRS office, visit [CalSTRS.com/local-offices](https://www.calstrs.com/local-offices).



CALSTRS

Your CalSTRS Resources

For every stage of your career





Early Career

1–9 years of service credit

Read about your benefits:

Welcome to CalSTRS booklet

Connections newsletter

Learn and Discover: Early Career booklet

Submit your forms:

Recipient Designation

Attend webinars or workshops:

My Retirement System

My First Steps

Watch videos:

Understanding the Formula

The Gap

Use our calculators:

*Your Savings Calculator:
The Power of Time and Money*



For more early career resources,
visit [CalSTRS.com/early-career](https://www.calstrs.com/early-career).



Midcareer

10–19 years of service credit

Read about your benefits:

Purchase Service Credit Now fact sheet

Social Security, CalSTRS and You fact sheet

Learn and Discover: Midcareer booklet

Submit your forms:

*Redeposit or Purchase
of Permissive Service Credit*

Attend webinars or workshops:

My Retirement Benefits

CalSTRS and Your Retirement

Watch videos:

Introduction to Social Security

Defined Benefit Supplement Program

Use our calculators:

Permissive Service Credit Calculator



For more midcareer resources,
visit [CalSTRS.com/midcareer](https://www.calstrs.com/midcareer).



Near Retirement

20+ years of service credit

Read about your benefits:

Your Retirement Guide

Learn and Discover: Near Retirement booklet

Working After Retirement fact sheet

Submit your forms:

Preretirement Election of an Option

Service Retirement Application

Attend webinars or workshops:

My Retirement Decisions

Service Retirement Application Demonstration

Watch videos:

Beneficiary Options

Use our calculators:

Retirement Benefits Calculator



For more near retirement
resources, visit [CalSTRS.com/
near-retirement](https://www.calstrs.com/near-retirement).